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June 2nd, 2020 - atlanta hawks owner jesse itzler invited navy seal david goggins to live with his family for a month as his personal trainer that is the subject of itzler s new book living with a seal 31 days'

'why you need to live with a navy seal even if you like teddy bears jesse itzler

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May 17th, 2020 - the workout experiment proved so successful that itzler recently wrote about the experience in a new book living with a seal 31 days training with the toughest man on the planet due out on"

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