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# **Instructor Manual**

## **Zumba Kids**

**Head Staff 2016 Camp Tamakwa  
Ontario Summer Camp. Washington  
DC Camp Deals amp Coupons  
CertifiKID. HEALTH IN BALANCE  
PT Our Team Physical Therapy.  
Fitness Class List University  
Recreation. ABOUT US gt News  
Lifecenter Plus. WORKSHOPS amp  
EVENTS Tula Yoga amp Wellness.  
Blog Jeanette Jenkins The Hollywood  
Trainer. My Hashimoto?s Disease is  
Gone « Thyroid U. ?I?d Rather Sell  
My Soul Than Soul Cycle?. Sessions  
? World Fitness Expo. Home Fishers  
YMCA YMCA of Greater  
Indianapolis. Free Business Listing  
Free Business Advertisement.  
Longview Community Education  
Classes Metropolitan. The Priest soul  
Personality amp Spirituality. Health  
amp Wellness YWCA Hamilton.  
Terms and Conditions Leisure World  
Colchester Colchester. Pilates The  
Letchworth Centre for Healthy  
Living. Quote Personal Details  
Therapist Insurance co uk.  
Woonsocket Harris Public Library.  
Recreational Services The University  
of Iowa Division. Menlo Park  
Personal Training Gym SBM Fitness  
Group. Amazon com XIAOKOA  
Voice Amplifier  
Rechargeable1800mAh. Our Fitness  
Team The LIFT. NYC Jazz Intensive  
Joffrey Ballet School. Our Residents  
Ann Arbor Michigan MI St Joseph  
Mercy**

***Head Staff 2016 Camp Tamakwa  
Ontario Summer Camp  
May 7th, 2018 - Ontario Summer Camp  
DIRECTORS OWNERS VIC NORRIS  
Senior Director Owner 46 years Vic  
first arrived at Tamakwa in the summer  
of 1967 and hasn t looked back since'***

**'Washington DC Camp Deals amp  
Coupons CertifiKID  
May 9th, 2018 - Looking for a camp  
this summer that?s about more than  
just play Then you need to check out  
the truly unique summer  
programming at Kids Elite Sports  
Camps in Northwest DC"HEALTH  
IN BALANCE PT Our Team  
Physical Therapy**

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**May 8th, 2018 - Maria has been practicing physical therapy since 2000 when she earned her Master's in Physical Therapy from UW Madison Her clinical background has a strong focus on outpatient orthopedics and manual therapy in which she completed a 2 5 year program through the Manual Therapy Institute"****Fitness Class List University Recreation**

**May 10th, 2018 - Lose yourself in the music and find yourself in shape at the original dance fitness party Zumba classes feature exotic rhythms set to high energy Latin and international beats"****ABOUT US gt News Lifecenter Plus**

**May 11th, 2018 - Hudson More than 75 people enjoyed the debut of the Synchro Mermaids synchronized swimming performance Aug 3 at LifeCenter Plus Health and Fitness Center in Hudson'**

**'WORKSHOPS amp EVENTS Tula Yoga amp Wellness**

**May 10th, 2018 - This workshop is the prerequisite for all of our drop in Aerial Yoga classes Learn how to stay safe and present in the fabric hammock as you invert maneuver balance stretch and have fun'**

**'Blog Jeanette Jenkins The Hollywood Trainer**

**May 9th, 2018 - Try this Eggology Organic Egg White Spinach Feta Wrap packed with 30 grams of high quality protein with all of your essential amino acids and only 303 calories per wrap'**

**'My Hashimoto's Disease is Gone « Thyroid U**

**October 8th, 2010 - I want everyone of us to be able to say this After almost 5 months of treatment for Hashimoto's Disease 10 9 10 my new blood tests show that it's gone'**

**'?I'd Rather Sell My Soul Than Soul Cycle?**

**May 10th, 2018 - ?I'd rather sell my soul than Soul Cycle frankly ? That was the quote in an article in Gawker an online entertainment magazine Three employees from Gawker were invited to take a free class at Soul Cycle in Manhattan'**

**'Sessions ? World Fitness Expo**

**May 3rd, 2018 - This workshop gives instructors the tools to create**

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**inspiring Vinyasa yoga classes  
founded on flow yet grounded in the  
safety of exercise science'**

**'Home Fishers YMCA YMCA of  
Greater Indianapolis**

*May 10th, 2018 - Enjoy a night out  
while your children have a safe and fun  
filled evening at the Fishers Y Kids  
Night Out programs are offered on the  
first and third Saturdays of every month  
in our Child Watch area'*

**'Free Business Listing Free Business  
Advertisement**

May 11th, 2018 - Pretoria Free  
Business Listing Advertise your  
Business for FREE today This free  
Business Advertisement feature is  
brought to you by www pretoria south  
africa com'

**'Longview Community Education  
Classes Metropolitan**

May 8th, 2018 - The Metropolitan  
Community College Longview  
Community Education Department  
offers a wide variety of classes for fun  
and personal enrichment Enroll in one  
today"**The Priest soul Personality  
amp Spirituality**

**May 10th, 2018 - I've been browsing  
your site and I must say it's  
absolutely fantastic I've noticed that  
the Priest soul type resonates highly  
with me especially the old soul's  
path'**

**'Health amp Wellness YWCA  
Hamilton**

*May 7th, 2018 - Fitness Membership  
FITpass The all inclusive FITpass  
provides access to a full range of  
energizing classes Pilates Yoga Barre  
Zumba are all included specialty  
classes facilities and equipment  
available at the YWCA*

*Hamilton"***Terms and Conditions**

**Leisure World Colchester Colchester**

*May 8th, 2018 - Terms and Conditions  
for Swimming Pools Fitness classes  
Birthday Parties Courts and Pitches  
Lifestyles Memberships My Leisure  
Card"***Pilates The Letchworth Centre  
for Healthy Living**

May 11th, 2018 - Pilates classes for  
beginners improvers amp intermediate  
students at the Letchworth Centre for  
Healthy Living"**Quote Personal  
Details Therapist Insurance co uk**

May 8th, 2018 - Therapist Insurance co  
uk looking for professional and

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Professional Liability insurance  
coverage for therapists online now'

**'Woonsocket Harris Public Library  
May 10th, 2018 - You can now access  
the RI DMV practice tests for car  
motorcycle and CDL driver licenses  
through the Woonsocket Harris  
Library All practice tests including  
the RI driver s manual are available  
in both English and Spanish'**

**'Recreational Services The University  
of Iowa Division  
May 10th, 2018 - Yoga Zumba  
cycling Pilates kettlebells cardio  
intervals and more Check out our  
group fitness schedule to find a class  
for you'**

**'Menlo Park Personal Training Gym  
SBM Fitness Group  
May 8th, 2018 - Here at SBM Fitness  
we recognize everyone has a different  
perception of health fitness or  
wellness Some are seeking a vigorous  
workout in order to lose weight'**

**'Amazon com XIAOKOA Voice  
Amplifier Rechargeable1800mAh  
May 10th, 2018 - Buy XIAOKOA  
Voice Amplifier  
Rechargeable1800mAh with Headset  
Microphone Mini Portable  
Loudspeaker Megaphone for Tour  
Guides Teachers Coaches  
Presentations Costumes Support FM  
MP3 TF SD Card Wireless  
Microphone Transmitters amp  
Receivers Amazon com FREE  
DELIVERY possible on eligible  
purchases'**

**'Our Fitness Team The LIFT  
May 8th, 2018 - At the LIFT we have  
assembled a strong team of talented  
individuals who will strive to help  
you reach your health and wellness  
goals Learn more about our team  
members below'**

***'NYC Jazz Intensive Joffrey Ballet  
School***

*May 11th, 2018 - Ages 8 ? 25 The NYC  
Jazz Contemporary program is the  
flagship Jazz and Contemporary dance  
intensive worldwide Under the new  
artistic direction of Angelica Stiskin the  
program will offer the classical  
techniques of ballet and modern along  
with the neoclassical derivatives of  
contemporary improv hip hop theater*

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*dance and much more'*

**'Our Residents Ann Arbor Michigan  
MI St Joseph Mercy**

**May 11th, 2018 - Residents of the  
Obstetrical and Gynecology Program  
at Saint Joseph Mercy Ann Arbor'**

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